

**Inner Angle – Client Information, Consent & Initial Consultation Form**

**Practitioner:** Ioannis Athanasiadis, NCPS Accredited Member

**Email:** info@innerangle.co.uk

**Location:** Brighton & Hove

**Practice Type:** Integrative Counselling & Driving Therapy

---

**1. Client Information**

**Full Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Address:** \_\_\_\_\_

---

**Phone Number:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

**Preferred Method of Contact:**

Email     Text     Phone     Encrypted App (specify): \_\_\_\_\_

**Emergency Contact Name:** \_\_\_\_\_

**Relationship:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**GP Name & Practice:** \_\_\_\_\_

**GP Phone:** \_\_\_\_\_

---

**2. About You**

**Reason for Seeking Therapy:**

---

---

---

**Have you had counselling or therapy before?**

Yes     No

If yes, please specify: \_\_\_\_\_

**Current Medications (if applicable):**

---

**Relevant Medical or Mental Health Information:**

---

---

**3. Initial Consultation (Free 30 minutes)**

*(To be completed during or after initial meeting)*

**Date of Consultation:** \_\_\_\_\_

**Session Type:**  Online Counselling     Driving Therapy

**Main themes or concerns discussed:**

---

---

**Suitability & Agreed Next Steps:**

- Proceed with therapy
- Referral suggested
- Further discussion needed

**Therapist Notes (for internal use):**

---

---

---

#### 4. Confidentiality & Data Protection

All information shared is treated confidentially in accordance with the **NCPS Code of Ethics** and the **UK GDPR/Data Protection Act 2018**.

Exceptions to confidentiality include:

- Risk of serious harm to yourself or others
- Disclosure of terrorism or serious crime
- Legal requirements (e.g., court order)
- Safeguarding concerns involving children or vulnerable adults

Session notes are stored securely:

- **Digital notes:** Password-protected external SSD
- **Paper notes:** Locked cabinet

Communication takes place through encrypted platforms agreed with you.  
Online sessions are conducted via **Google Meet** (encrypted connection).

---

#### 5. Agreement & Consent

Please read and tick each box to confirm your understanding and consent:

- I have read and understood the *Terms and Conditions* available on the Inner Angle website.
- I understand the limits of confidentiality and data protection explained above.
- I consent to participate in therapy sessions with Ioannis Athanasiadis (Inner Angle).
- I consent to my personal data being used and stored for the purpose of providing therapy.
- I understand I may withdraw consent or end therapy at any time.
- I understand cancellations made with less than 24 hours' notice are charged in full.

---

## 6. Session Preferences

### Therapy Type:

- Counselling (£65 / 50 min)
- Driving Therapy (£120 / 2 hr)

### Preferred Session Format:

- Online (Google Meet)
- In-person Driving Session (Brighton & Hove)

### Preferred Days/Times:

---

### Payment Method:

- Bank Transfer
  - Cash
- 

## 7. Signatures

Client Name: \_\_\_\_\_

Client Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Therapist Name: Ioannis Athanasiadis, NCPS Accredited Member

Therapist Signature: \_\_\_\_\_

Date: \_\_\_\_\_

---

NCPS Membership No.: [To be added]

Professional Insurance No.: [To be added]